



2022/2023

Middle School Physical Education Waiver

Student Name: _____ Student Number: _____

Florida law places responsibility on “each district school board to develop a physical education program that stresses physical fitness and encourages healthful, active lifestyles and to encourage all students in prekindergarten through grade 12 to participate in physical education”. The law further requires a minimum of one semester of physical education annually for students in grades six through eight, [F.S.1003.455](#).

Middle school students in Hillsborough County Public Schools are scheduled for a full-year physical education course annually, except when a semester of physical education is paired with a semester of intensive math. All students are encouraged to take advantage of this opportunity within their school day to experience movement and build upon knowledge, skills, and values that support a healthy and active lifestyle.

However, the law allows for a waiver from physical education when a student is enrolled in an intensive course or when a parent makes a written request for one of the following reasons.

1. The student participates in physical activities outside the school day that meets or exceeds the physical education requirement.
2. The parent requests that the student enroll in another available course.

Students who waive physical education must enroll in another available course, traditional or virtual, which will be scheduled on campus, within the school day.

To request a waiver for the physical education requirement, please complete the following information and return this form to your child’s school counselor or assistant principal.

Parent/Guardian Name: _____ Phone Number: _____

Check the primary reason for waiver request.

- Enrollment in an intensive reading or math course
- Participation in physical activities outside the school day that are equal to, or in excess of, the physical education requirement
- Preference for an alternative course

List three alternate courses, in order of preference, to be scheduled in place of physical education.

1st Preference _____

2nd Preference _____

3rd Preference _____

Parent Signature _____ Date _____